



# North Metro Flex Academy

## March School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken Breast in a Chicken Gravy Mashed Potatoes Grape Tomatoes Fresh Pear Slice of W.G. Bread Milk	W.G. Penne Pasta with Italian Meat Sauce Mixed Green Salad with Creamy Italian Dressing Salad Topping Banana W.G. Garlic Bread Stick Milk	Sliced Teriyaki Chicken with Peppers + Onions Brown Rice Fresh Broccoli Golden Apple Slice of W.G. Bread Milk	<b>NO SCHOOL— CONFERENCES</b>
<b>NO SCHOOL— SPRING BREAK</b>	<b>NO SCHOOL— SPRING BREAK</b>	<b>NO SCHOOL— SPRING BREAK</b>	<b>NO SCHOOL— SPRING BREAK</b>	<b>NO SCHOOL— SPRING BREAK</b>
BBQ Chicken on a W.G. Bun Baby Carrots Golden Apple Sun Chips Milk	Meatloaf Baked in a Tomato Beef Gravy Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk	W.G. Lasagna Roll with Meat Sauce + Cheese Mixed Green Salad with Creamy Italian Dressing Salad Topping Fresh Pear W.G. Garlic Bread Stick Milk	Chicken Breast on a W.G. Bun Slice of White Cheese Fresh Broccoli Red Apple Tortilla Chips Milk	White Chicken Chili with Beans Sliced Cucumbers Red Grapes Slice of W.G. Bread Milk
W.G. Chicken Patty on a W.G. Bun Baby Carrots Red Apple Sun Chips Milk	W.G. Cheese Pizza Mixed Green Salad with Creamy Italian Dressing Salad Topping Red Grapes Milk	Chicken Breast in a Chicken Gravy Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk	Italian Meatballs on a W.G. Coney Bun Shredded Cheese Seasoned Hash Browns Fresh Broccoli Fresh Pear Milk	W.G. Soft Chicken Taco x2 Lettuce + Cheese Seasoned Black Beans Carrot + Celery Sticks Orange Tortilla Chips + Salsa Milk
Sloppy Joe on a W.G. Bun Baby Carrots Red Apple Sun Chips Milk	Chicken in Cheese Sauce with W.G. Penne Pasta Mixed Green Salad with French Dressing Salad Topping Red Grapes W.G. Garlic Bread Stick Milk	Salisbury Steak in a Beef Gravy Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk	Spanish Rice with Chicken and Black Beans Sliced Cucumbers Fresh Pear Slice of W.G. Bread Milk	